

Welcome and opening 13h00 : G. Mahieu - H. Minnen

Basic Anatomy of the Lumbar Spine (13:10 - 13:20)

Anne Schouwenaeers (Orthoca)

Kinematics of the Spine in Tennis (13:20 - 13:40)

Dominique De Boeck

Injuries of the Lumbar Spine in Tennis Players (13:40 - 14h00)

Sam Mousti

Surgical Treatment and Return to Play (14:00 - 14:20)

Geert Mahieu

PAUSE : 14:20 - 14:40

Multidisciplinary Approach. A Case Report (14:40 - 15:00)

Hans Minnen

Prevention of Overuse Injuries (15:00 - 15:20)

Tom Devries

Prevention : Role of Coach (15:20 - 15:40)

Bart De Keersmaecker

Prevention : Role of Physiotherapist (15:40 - 16:00)

Frederique Neys

PAUSE : 16:00 - 16:20

Prevention : Role of Osteopath (16:20 - 16:40)

Frédéric Van Burm

Prevention : Role of Psychologist (16:40 - 17:00)

Gert-Jan De Muynck

Spine injury : Experience of a Player (17:00 - 17:20)

Yanina Wickmayer

Remarks and Wrap Up

Dr. Anne Schouwenaers is fellow Spine Surgery in the Antwerp Spine Center of the Orthopaedic Department ORTHOCA at AZ Monica Hospital in Antwerp.